



## Six Steps To Your Success!



## How to get started:

Go to <a href="https://typefocus7.com">https://typefocus7.com</a> and click "Log in" (top right of the page)

Click on the green "Register" button. Register

Fill out the form with your name, email address, and create a password.

Use this passcode: 73B7C654

Complete the six TypeFocus steps in order.

## For Step 1, Complete the following 5 questionnaires:

(5 – 10 minutes)

Discover why you do the things you do and what occupations fit your strengths. This is a scientifically validated instrument.

(3 - 4 minutes)

Discover what your work interests are and what occupations fit those interests. This is a scientifically validated instrument.

Discover what skills you currently have or plan to acquire.

(5 minutes)

Discover what values are important to you and what occupations share these values. Based on over 30 years of research by leading vocational psychologists.

(2 – 3 Minutes)

## After completing the assessments for Step 1:

- Complete Steps 2 through 6 to explore your degree options create your career roadmap find out if you are career ready, and much more!
- Come back to your saved account as often as you want!
- Set up an appointment with one of our full-time academic advisors to discuss your results and explore your options! <u>volstate.edu/appointments</u> or contact the Office of Advising at (615) 230-3702 or advising@volstate.edu.

